

JANUARY 2022

Winnisquam Middle School

BREAKFAST



Meal Prices
 Student Breakfast: Free
 Student Reduced Breakfast: Free
 Milk or Juice \$.50 Adult \$ 1.75



All of our School meals are all prepared fresh daily and include fresh fruits and vegetables sourced from local farms. We also offer a variety of 100% fruit juice & high quality Hood 1% & fat free flavored milk. USDA is an equal opportunity provider & employer

MONDAY

Breakfast Choices White WG Bagel

3

Assorted Cereal
 Assorted Breakfast Bar
 Assorted WG Muffins
 Yogurt & Granola
 Fresh Fruit

TUESDAY

Breakfast Choices WG Cinnamon Roll

4

Assorted Cereal
 Assorted Cereal Bar
 Assorted WG Muffins
 Yogurt & Granola
 Fresh Fruit

WEDNESDAY

Breakfast Choices WG Choc. Chip Muffin

5

Assorted Cereal
 Assorted Cereal Bar
 Assorted WG Muffins
 Yogurt & Granola
 Fresh Fruit

THURSDAY

Breakfast Choices Maple Pancakes

6

Assorted Cereal
 Assorted Cereal Bar
 Assorted WG Muffins
 Yogurt & Granola
 Fresh Fruit

FRIDAY

Breakfast Choices Breakfast Pizza

7

Assorted Cereal
 Assorted Cereal Bar
 Assorted WG Muffins
 Yogurt & Granola
 Fresh Fruit

Breakfast Choices White WG Bagel

10

Assorted Cereal
 Assorted Breakfast Bar
 Assorted WG Muffins
 Yogurt & Granola
 Fresh Fruit

Breakfast Choices WG Cinnamon Roll

11

Assorted Cereal
 Assorted Cereal Bar
 Assorted WG Muffins
 Yogurt & Granola
 Fresh Fruit

Breakfast Choices WG Choc. Chip Muffin

12

Assorted Cereal
 Assorted Cereal Bar
 Assorted WG Muffins
 Yogurt & Granola
 Fresh Fruit

Breakfast Choices Maple Pancakes

13

Assorted Cereal
 Assorted Cereal Bar
 Assorted WG Muffins
 Yogurt & Granola
 Fresh Fruit

Breakfast Choices Breakfast Pizza

14

Assorted Cereal
 Assorted Cereal Bar
 Assorted WG Muffins
 Yogurt & Granola
 Fresh Fruit

17

Martin Luther King Day

Breakfast Choices WG Cinnamon Roll

18

Assorted Cereal
 Assorted Cereal Bar
 Assorted WG Muffins
 Yogurt & Granola
 Fresh Fruit

Breakfast Choices WG Choc. Chip Muffin

19

Assorted Cereal
 Assorted Cereal Bar
 Assorted WG Muffins
 Yogurt & Granola
 Fresh Fruit

Breakfast Choices Maple Pancakes

20

Assorted Cereal
 Assorted Cereal Bar
 Assorted WG Muffins
 Yogurt & Granola
 Fresh Fruit

Breakfast Choices Breakfast Pizza

21

Assorted Cereal
 Assorted Cereal Bar
 Assorted WG Muffins
 Yogurt & Granola
 Fresh Fruit

Breakfast Choices White WG Bagel

24

Assorted Cereal
 Assorted Breakfast Bar
 Assorted WG Muffins
 Yogurt & Granola
 Fresh Fruit

Breakfast Choices WG Cinnamon Roll

25

Assorted Cereal
 Assorted Cereal Bar
 Assorted WG Muffins
 Yogurt & Granola
 Fresh Fruit

Breakfast Choices WG Choc. Chip Muffin

26

Assorted Cereal
 Assorted Cereal Bar
 Assorted WG Muffins
 Yogurt & Granola
 Fresh Fruit

Breakfast Choices Maple Pancakes

27

Assorted Cereal
 Assorted Cereal Bar
 Assorted WG Muffins
 Yogurt & Granola
 Fresh Fruit

Breakfast Choices Breakfast Pizza

28

Assorted Cereal
 Assorted Cereal Bar
 Assorted WG Muffins
 Yogurt & Granola
 Fresh Fruit

Breakfast Choices White WG Bagel

31

Assorted Cereal
 Assorted Breakfast Bar
 Assorted WG Muffins
 Yogurt & Granola
 Fresh Fruit

