

# FEBRUARY 2022

## Winnisquam Middle School

### BREAKFAST



Meal Prices  
 Student Breakfast: Free  
 Student Reduced Breakfast: Free  
 Milk or Juice \$.50 Adult \$ 1.75



All of our School meals are all prepared fresh daily and include fresh fruits and vegetables sourced from local farms. We also offer a variety of 100% fruit juice & high quality Hood 1% & fat free flavored milk. USDA is an equal opportunity provider & employer



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

**Breakfast Choices**  
 Assorted Cereal  
 Assorted Breakfast Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Breakfast Choices**  
**WG Cinnamon Roll** 1  
 Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Breakfast Choices**  
**WG Choc. Chip Muffin** 2  
 Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Breakfast Choices**  
**Maple Pancakes** 3  
 Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Breakfast Choices**  
**Breakfast Pizza** 4  
 Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Breakfast Choices** 7  
**White WG Bagel**  
 Assorted Cereal  
 Assorted Breakfast Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Breakfast Choices** 8  
**WG Cinnamon Roll**  
 Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Breakfast Choices** 9  
**WG Choc. Chip Muffin**  
 Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Breakfast Choices** 10  
**Maple Pancakes**  
 Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Breakfast Choices** 11  
**Breakfast Pizza**  
 Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Breakfast Choices** 14  
**White WG Bagel**  
 Assorted Cereal  
 Assorted Breakfast Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Breakfast Choices** 15  
**WG Cinnamon Roll**  
 Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Breakfast Choices** 16  
**WG Choc. Chip Muffin**  
 Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Breakfast Choices** 17  
**Maple Pancakes**  
 Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Breakfast Choices** 18  
**Breakfast Pizza**  
 Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Breakfast Choices** 21  
**White WG Bagel**  
 Assorted Cereal  
 Assorted Breakfast Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Breakfast Choices** 22  
**WG Cinnamon Roll**  
 Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Breakfast Choices** 23  
**WG Choc. Chip Muffin**  
 Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Breakfast Choices** 24  
**Maple Pancakes**  
 Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Breakfast Choices** 25  
**Breakfast Pizza**  
 Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

Vacation 28