

NOVEMBER 2021

Winnisquam Elementary Schools

LUNCH



Meal Prices

Student Lunch: Free
Student Reduced Lunch: Free
Adult or Guest: \$ 3.60



XTRA Meal Choices Lunch Box Meals Available Daily

Monday- WG Flatbread Pizza
Tuesday- Nachos & Cheese
Wednesday- Bologna & Cheese
Thursday- Pepperoni & Cheese
Friday- Ham & Cheese

** All meals served with Fresh Fruit & Vegetables **

MONDAY

Cheeseburger
Lettuce & Tomato
Oven Fries- Veggie Sticks w/ Dip
Assorted Fruit
Or
Yogurt Alternate Lunch
Alternate Sunbutter Sand

1

TUESDAY

WG French Toast Sticks
Sausage Links
Assorted Fresh Fruit
Or
Alternate Sunbutter Sand
Yogurt Alternate Lunch

2

WEDNESDAY

Nachos- Grnd Beef and Cheese
Lettuce, Tomato & Salsa
Black Bean Salad
Assorted Fruit
Or
Alternate Sunbutter Sand
Yogurt Alternate Lunch

3

THURSDAY

Cheesy Pizza
Mixed Green Salad
Chick Pea Salad
Assorted Fresh Fruit
Or
Yogurt Alternate Lunch
Alternate Sunbutter Sand

4

FRIDAY

Hot Dog in A Bun
Baked Beans
Veggie Bar
Assorted Fruit Cup
Or
Yogurt Alternate Lunch
Alternate Sunbutter Sand

5

Shepherd's Pie
Whole Grain Dinner Roll
Veggie Bar Assorted
Assorted Fresh Fruit
Or
Yogurt Alternate Lunch
Alternate Sunbutter Sand

8

BBQ Pork Sandwich
BBQ Baked Beans
Veggie Bar Assorted
Assorted Fruit
Or
Alternate Sunbutter Sand
Yogurt Alternate Lunch

9

American Chop Suey
Steamed Broccoli
Whole Grain Dinner Roll
Assorted Fresh Fruit
Or
Alternate Sunbutter Sand
Yogurt Alternate Lunch

10

Veterans Day

11

Cheesy Pizza
Mixed Green Salad
Chick Pea Salad
Assorted Fresh Fruit
Or
Yogurt Alternate Lunch
Alternate Sunbutter Sand

12

Ham & Cheese On a Bulky or Tuna
Salad Sandwich - Lettuce & Tomato
Baked Potato Chips
Veggie Bar
Fresh Fruit Or
Alternate Sunbutter Sand
Yogurt Alternate Lunch

15

Sloppy Joe on a Bun
Potato Tots
Assorted Fresh Fruit
Or
Yogurt Alternate Lunch
Alternate Sunbutter Sand

16

Turkey Dinner
Mashed Potato- Steamed Corn
Stuffing and Cranberry Sauce
Assorted Fresh Fruit
Or
Yogurt Alternate Lunch
Alternate Sunbutter Sand

17

Pizza
Mixed Green Salad
Chick Pea Salad
Assorted Fresh Fruit
Or
Yogurt Alternate Lunch
Alternate Sunbutter Sand

18

Soft Taco- Brown Rice-Cheese
Lettuce, Tomato & Salsa
Fruit Cup
Assorted Fresh Fruit
Or
Yogurt Alternate Lunch
Alternate Sunbutter Sand

19

Chicken Salad Sandwich
Veggie Bar Assorted
Fresh Fruit
Or
Yogurt Alternate Lunch
Alternate Sunbutter Sand

22

Chef's Special
Side Dishes
Veggie Bar Assorted
Fruit Cup
Or
Yogurt Alternate Lunch
Alternate Sunbutter Sand

23

Holiday Break

24

Holiday Break

25

Holiday Break

26

Chicken Nuggets
Brown Rice
Steamed Carrots
Fruit Cup
Yogurt Alternate Lunch
Alternate Sunbutter Sand

29

Grilled Cheese Sandwich
Tomato Soup
WG Goldfish Crackers
Assorted Fresh Fruit
Or
Yogurt Alternate Lunch
Alternate Sunbutter Sand

30

