

NOVEMBER 2021

Winnisquam Middle School

BREAKFAST



Meal Prices
Student Breakfast: Free
Student Reduced Breakfast: Free
Milk or Juice \$.50 Adult \$ 1.75



All of our School meals are all prepared fresh daily and include fresh fruits and vegetables sourced from local farms. We also offer a variety of 100% fruit juice & high quality Hood 1% & fat free flavored milk. USDA is an equal opportunity provider & employer.



MONDAY

Breakfast Choices White WG Bagel

1

Assorted Cereal
Assorted Breakfast Bar
Assorted WG Muffins
Yogurt & Granola
Fresh Fruit

TUESDAY

Breakfast Choices WG Cinnamon Roll

2

Assorted Cereal
Assorted Cereal Bar
Assorted WG Muffins
Yogurt & Granola
Fresh Fruit

WEDNESDAY

Breakfast Choices WG Choc. Chip Muffin

3

Assorted Cereal
Assorted Cereal Bar
Assorted WG Muffins
Yogurt & Granola
Fresh Fruit

THURSDAY

Breakfast Choices Maple Burst Pancakes

4

Assorted Cereal
Assorted Cereal Bar
Assorted WG Muffins
Yogurt & Granola
Fresh Fruit

FRIDAY

Breakfast Choices Breakfast Pizza

5

Assorted Cereal
Assorted Cereal Bar
Assorted WG Muffins
Yogurt & Granola
Fresh Fruit

Breakfast Choices White WG Bagel

8

Assorted Cereal
Assorted Breakfast Bar
Assorted WG Muffins
Yogurt & Granola
Fresh Fruit

Breakfast Choices WG Cinnamon Roll

9

Assorted Cereal
Assorted Cereal Bar
Assorted WG Muffins
Yogurt & Granola
Fresh Fruit

Breakfast Choices WG Choc. Chip Muffin

10

Assorted Cereal
Assorted Cereal Bar
Assorted WG Muffins
Yogurt & Granola
Fresh Fruit

Veterans Day

11

Breakfast Choices Breakfast Pizza

12

Assorted Cereal
Assorted Cereal Bar
Assorted WG Muffins
Yogurt & Granola
Fresh Fruit

Breakfast Choices White WG Bagel

15

Assorted Cereal
Assorted Breakfast Bar
Assorted WG Muffins
Yogurt & Granola
Fresh Fruit

Breakfast Choices WG Cinnamon Roll

16

Assorted Cereal
Assorted Cereal Bar
Assorted WG Muffins
Yogurt & Granola
Fresh Fruit

Breakfast Choices WG Choc. Chip Muffin

17

Assorted Cereal
Assorted Cereal Bar
Assorted WG Muffins
Yogurt & Granola
Fresh Fruit

Breakfast Choices Maple Burst Pancakes

18

Assorted Cereal
Assorted Cereal Bar
Assorted WG Muffins
Yogurt & Granola
Fresh Fruit

Breakfast Choices Breakfast Pizza

19

Assorted Cereal
Assorted Cereal Bar
Assorted WG Muffins
Yogurt & Granola
Fresh Fruit

Breakfast Choices White WG Bagel

22

Assorted Cereal
Assorted Breakfast Bar
Assorted WG Muffins
Yogurt & Granola
Fresh Fruit

Breakfast Choices WG Cinnamon Roll

23

Assorted Cereal
Assorted Cereal Bar
Assorted WG Muffins
Yogurt & Granola
Fresh Fruit

Holiday Break

24

Holiday Break

25

Holiday Break

26

Breakfast Choices White WG Bagel

29

Assorted Cereal
Assorted Breakfast Bar
Assorted WG Muffins
Yogurt & Granola
Fresh Fruit

Breakfast Choices WG Cinnamon Roll

30

Assorted Cereal
Assorted Cereal Bar
Assorted WG Muffins
Yogurt & Granola
Fresh Fruit

