

NOVEMBER 2021

Winnisquam High School

BREAKFAST



Meal Prices
Student Breakfast: Free
Student Reduced Breakfast: Free
Milk or Juice \$.50 Adult \$ 1.75



All of our School meals are all prepared fresh daily and include fresh fruits and vegetables sourced from local farms. We also offer a variety of 100% fruit juice & high quality Hood 1% & fat free flavored milk. USDA is an equal opportunity provider & employer.



MONDAY

Breakfast Choices Pancake & Sausage

1

Assorted Cereal
Assorted Breakfast Bar
Assorted White WG Bagel
WG Mini Breakfast Bar
Assorted Fresh Fruit

TUESDAY

Breakfast Choices French Toast Sticks

2

Assorted Cereal
Assorted Breakfast Bar
Assorted White WG Bagel
WG Mini Breakfast Bar
Assorted Fresh Fruit

WEDNESDAY

Breakfast Choices Breakfast Sandwich

3

Assorted Cereal
Assorted Breakfast Bar
Assorted White WG Bagel
WG Mini Breakfast Bar
Assorted Fresh Fruit

THURSDAY

Breakfast Choices Assorted WG Muffins

4

Assorted Cereal
Assorted Breakfast Bar
Assorted White WG Bagel
WG Mini Breakfast Bar
Assorted Fresh Fruit

FRIDAY

Breakfast Choices Breakfast Pizza

5

Assorted Cereal
Assorted Breakfast Bar
Assorted White WG Bagel
WG Mini Breakfast Bar
Assorted Fresh Fruit

Breakfast Choices Pancake & Sausage

8

Assorted Cereal
Assorted Breakfast Bar
Assorted White WG Bagel
WG Mini Breakfast Bar
Assorted Fresh Fruit

Breakfast Choices French Toast Sticks

9

Assorted Cereal
Assorted Breakfast Bar
Assorted White WG Bagel
WG Mini Breakfast Bar
Assorted Fresh Fruit

Breakfast Choices Breakfast Sandwich

10

Assorted Cereal
Assorted Breakfast Bar
Assorted White WG Bagel
WG Mini Breakfast Bar
Assorted Fresh Fruit

Veterans Day

11

Breakfast Choices Breakfast Pizza

12

Assorted Cereal
Assorted Breakfast Bar
Assorted White WG Bagel
WG Mini Breakfast Bar
Assorted Fresh Fruit

Breakfast Choices Pancake & Sausage

15

Assorted Cereal
Assorted Breakfast Bar
Assorted White WG Bagel
WG Mini Breakfast Bar
Assorted Fresh Fruit

Breakfast Choices French Toast Sticks

16

Assorted Cereal
Assorted Breakfast Bar
Assorted White WG Bagel
WG Mini Breakfast Bar
Assorted Fresh Fruit

Breakfast Choices Breakfast Sandwich

17

Assorted Cereal
Assorted Breakfast Bar
Assorted White WG Bagel
WG Mini Breakfast Bar
Assorted Fresh Fruit

Breakfast Choices Assorted WG Muffins

18

Assorted Cereal
Assorted Breakfast Bar
Assorted White WG Bagel
WG Mini Breakfast Bar
Assorted Fresh Fruit

Breakfast Choices Breakfast Pizza

19

Assorted Cereal
Assorted Breakfast Bar
Assorted White WG Bagel
WG Mini Breakfast Bar
Assorted Fresh Fruit

Breakfast Choices Pancake & Sausage

22

Assorted Cereal
Assorted Breakfast Bar
Assorted White WG Bagel
WG Mini Breakfast Bar
Assorted Fresh Fruit

Breakfast Choices French Toast Sticks

23

Assorted Cereal
Assorted Breakfast Bar
Assorted White WG Bagel
WG Mini Breakfast Bar
Assorted Fresh Fruit

Holiday Break

24

Holiday Break

25

Holiday Break

26

Breakfast Choices Pancake & Sausage

29

Assorted Cereal
Assorted Breakfast Bar
Assorted White WG Bagel
WG Mini Breakfast Bar
Assorted Fresh Fruit

Breakfast Choices French Toast Sticks

30

Assorted Cereal
Assorted Breakfast Bar
Assorted White WG Bagel
WG Mini Breakfast Bar
Assorted Fresh Fruit
Yogurt & Granola

