

DECEMBER 2021

Winnisquam Middle School



Meal Prices
 Student Lunch: Free
 Student Reduced Lunch: Free
 Adult or Guest: \$ 3.60



All of our School meals are all prepared fresh daily and include fresh fruits and vegetables sourced from local farms. We also offer a variety of 100% fruit juice & high quality Hood 1% & fat free flavored milk. USDA is an equal opportunity provider & employer.



MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Choose One
 Salad Bar - Deli Bar
 Or
 Chili Cheese dog
 Baked Beans
 Veggie Bar Assorted
 Fruit Cup **6**

Choose One
 Salad Bar - Deli Bar
 Or
 Spaghetti and Meat Sauce
 Green Beans
 Whole Grain Roll
 Assorted Fresh Fruit **7**

Choose One
 Salad Bar - Deli Bar
 Or
 Popcorn Chicken Bowl
 Mashed Potato
 Steamed Corn
 Dinner Roll Fruit Cup **8**

Choose One
 Salad Bar - Deli Bar
 Or
 Gills Pizza
 Caesar Salad
 Chickpea Salad
 Assorted Fresh Fruit **9**

Choose One
 Salad Bar - Deli Bar
 Or
 Chicken Broccoli Alfredo
 Whole Grain Roll
 Veggie Bar
 Assorted Fruit Cup **10**

Choose One
 Salad Bar - Deli Bar
 Or
 Nachos w/ Ground Beef
 Cheddar Cheese Sauce
 Lettuce, Tomato & Salsa
 Fresh Apples **13**

Choose One
 Salad Bar - Deli Bar
 Or
 Ham and Cheese Croissant
 Tater Tots
 Veggie Bar Assorted
 Fresh Fruit **14**

Choose One
 Salad Bar - Deli Bar
 Or
 Turkey Dinner
 Mashed Potato – Corn- Gravy- Cran
 Home Style Stuffing – Dinner Roll
 Assorted Fresh Fruit **15**

Choose One
 Salad Bar - Deli Bar
 Or
 Gills Pizza
 Caesar Salad
 Black Bean Salad
 Assorted Fresh Fruit **16**

Choose One
 Salad Bar - Deli Bar
 Or
 Buffalo or BBQ Chicken Wrap
 Cheddar Cheese - Lettuce - Tomato
 Veggie Bar Assorted
 Fresh Fruit **17**

Choose One
 Salad Bar - Deli Bar
 Or
 Crispy Chicken Sandwich
 Lettuce & Tomato
 Veggie Stix - Cajun Fries
 Fresh Apples **20**

Choose One
 Salad Bar - Deli Bar
 Or
 Macaroni & Cheese
 Steamed Broccoli
 Whole Grain Dinner Roll
 Assorted Fresh Fruit **21**

Choose One
 Deli Bar Salad Bar - Deli Bar
 Or
 Chef's Special
 Side Dishes
 Fresh Fruit **22**

Vacation **23**

Vacation **24**

Vacation **27**

Vacation **29**

Vacation **29**

Vacation **30**

Vacation **31**