

# DECEMBER 2021

## Winnisquam Middle School

### BREAKFAST



Meal Prices  
 Student Breakfast: Free  
 Student Reduced Breakfast: Free  
 Milk or Juice \$.50 Adult \$ 1.75



All of our School meals are all prepared fresh daily and include fresh fruits and vegetables sourced from local farms. We also offer a variety of 100% fruit juice & high quality Hood 1% & fat free flavored milk. USDA is an equal opportunity provider & employer

### MONDAY



### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

**Breakfast Choices**  
**White WG Bagel** 6  
 Assorted Cereal  
 Assorted Breakfast Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Breakfast Choices**  
**WG Cinnamon Roll** 7  
 Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Breakfast Choices**  
**WG Choc. Chip Muffin** 8  
 Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Breakfast Choices**  
**Maple Pancakes** 9  
 Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Breakfast Choices**  
**Breakfast Pizza** 10  
 Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Breakfast Choices**  
**White WG Bagel** 13  
 Assorted Cereal  
 Assorted Breakfast Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Breakfast Choices**  
**WG Cinnamon Roll** 14  
 Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Breakfast Choices**  
**WG Choc. Chip Muffin** 15  
 Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Breakfast Choices**  
**Maple Pancakes** 16  
 Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Breakfast Choices**  
**Breakfast Pizza** 17  
 Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Breakfast Choices**  
**White WG Bagel** 20  
 Assorted Cereal  
 Assorted Breakfast Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Breakfast Choices**  
**WG Cinnamon Roll** 21  
 Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Breakfast Choices**  
**WG Choc. Chip Muffin** 22  
 Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

**Holiday** 23

**Holiday** 24

**Holiday** 27

**Holiday** 28

**Holiday** 29

**Holiday** 30

**Holiday** 31