

# DECEMBER 2021

## Winnisquam High School

### BREAKFAST



Meal Prices  
Student Breakfast: Free  
Student Reduced Breakfast: Free  
Milk or Juice \$.50 Adult \$ 1.75



All of our School meals are all prepared fresh daily and include fresh fruits and vegetables sourced from local farms. We also offer a variety of 100% fruit juice & high quality Hood 1% & fat free flavored milk. USDA is an equal opportunity provider & employer

### MONDAY



### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

**Breakfast Choices**  
**Pancake & Sausage** 6  
Assorted Cereal  
Assorted Breakfast Bar  
Assorted White WG Bagel  
WG Mini Breakfast Bar  
Assorted Fresh Fruit

**Breakfast Choices**  
**French Toast Sticks** 7  
Assorted Cereal  
Assorted Breakfast Bar  
Assorted White WG Bagel  
WG Mini Breakfast Bar  
Assorted Fresh Fruit

**Breakfast Choices**  
**Breakfast Sandwich** 8  
Assorted Cereal  
Assorted Breakfast Bar  
Assorted White WG Bagel  
WG Mini Breakfast Bar  
Assorted Fresh Fruit

**Breakfast Choices**  
**Assorted WG Muffins** 9  
Assorted Cereal  
Assorted Breakfast Bar  
Assorted White WG Bagel  
WG Mini Breakfast Bar  
Assorted Fresh Fruit

**Breakfast Choices**  
**Breakfast Pizza** 10  
Assorted Cereal  
Assorted Breakfast Bar  
Assorted White WG Bagel  
WG Mini Breakfast Bar  
Assorted Fresh Fruit

**Breakfast Choices**  
**Pancake & Sausage** 13  
Assorted Cereal  
Assorted Breakfast Bar  
Assorted White WG Bagel  
WG Mini Breakfast Bar  
Assorted Fresh Fruit

**Breakfast Choices**  
**French Toast Sticks** 14  
Assorted Cereal  
Assorted Breakfast Bar  
Assorted White WG Bagel  
WG Mini Breakfast Bar  
Assorted Fresh Fruit

**Breakfast Choices**  
**Breakfast Sandwich** 15  
Assorted Cereal  
Assorted Breakfast Bar  
Assorted White WG Bagel  
WG Mini Breakfast Bar  
Assorted Fresh Fruit

**Breakfast Choices**  
**Assorted WG Muffins** 16  
Assorted Cereal  
Assorted Breakfast Bar  
Assorted White WG Bagel  
WG Mini Breakfast Bar  
Assorted Fresh Fruit

**Breakfast Choices**  
**Breakfast Pizza** 17  
Assorted Cereal  
Assorted Breakfast Bar  
Assorted White WG Bagel  
WG Mini Breakfast Bar  
Assorted Fresh Fruit

**Breakfast Choices**  
**Pancake & Sausage** 20  
Assorted Cereal  
Assorted Breakfast Bar  
Assorted White WG Bagel  
WG Mini Breakfast Bar  
Assorted Fresh Fruit

**Breakfast Choices**  
**French Toast Sticks** 21  
Assorted Cereal  
Assorted Breakfast Bar  
Assorted White WG Bagel  
WG Mini Breakfast Bar  
Assorted Fresh Fruit

**Breakfast Choices**  
**Breakfast Sandwich** 22  
Assorted Cereal  
Assorted Breakfast Bar  
Assorted White WG Bagel  
WG Mini Breakfast Bar  
Assorted Fresh Fruit

**Holiday** 23

**Holiday** 24

**Holiday** 27

**Holiday** 28

**Holiday** 29

**Holiday** 30

**Holiday** 31