



# The Bear Facts

Volume 1, Issue 8

Winnisquam Regional High School

April/May 2010

*“Look for up-to-date school and sports information on our website: [www.wrsdsau59.org/WRHS](http://www.wrsdsau59.org/WRHS)”*

## Hello from the Administration

Dear Families,

It's always good news when all of our staff and students return from vacation refreshed and ready to finish strong. One of the most important upcoming events on our calendar for Juniors is the NECAP Science test. Mr. Josh Keaton has been diligently organizing preparation for this test in conjunction with the science department. Students participated in practice tests in April to review the latest format of these assessments. Our teachers have been very supportive of students to enable them to be successful. Mr. Neal Byles presented test taking strategies at an April faculty meeting for professional development for our staff to share with students. We want all of our students to make academic growth, and to be able to acknowledge their strong efforts. Your support and encouragement from home will certainly influence the credibility students apply to taking these tests. The tasks of coordinating and administering testing is daunting, but please know the results provide us with extensive data regarding our students college preparedness, and curriculum and instruction.

This week, Juniors who scored proficient or proficient with distinction on the reading, math, and writing tests this fall were offered Junior privileges during periods one and two or six and seven study hall. They will need to follow all of the same guidelines for Senior privileges to include deadlines to qualify for this privilege. Many thanks go to Mrs. Amy Cartmell for organizing this on behalf of our students.

We are currently interviewing candidates for the various positions open here at the high school. The

hiring committees include staff, students, parents, and administration. We have received an abundance of promising candidates and look forward to welcoming highly qualified faculty.

Parents and community are our greatest partners to help all of students reach their fullest potential. Your support is acknowledged and greatly appreciated in our efforts to strive for *P.R.I.D.E.*

Productive citizenship  
Respect for self and community  
Individual growth and achievement  
Determination to succeed  
Excellence in education

Respectfully,

Dr. Ronna Cadarette, *Principal*

**Support CHEM FREE–Applebees Breakfast**  
**Saturday, May 15<sup>th</sup> 8:00 to 10:00 am**  
\\ pre-prom breakfast \$5.00  
*All you can eat!*

**STATE SCHOLARS MOVIE NIGHT**  
**Fri. May 7 6:00 to 8:00 pm**  
This is a great night out for the whole family. Join us for an amazing movie with pizza, soda and popcorn!

**UPCOMING EVENTS/ACTIVITIES**

Friends of Winnisquam Football	
at Smitty's for a Fundraiser	May 9 6-7:30 PM
POPs Concert - Cafe	May. 13 4-7 PM
Senior Prom	May. 15 7-11 PM
FAA Awards Night - Cafe	May. 20 6:00 PM
8th Grade Transition Day	May. 28
Yearbook Dedication - Gym	June. 4 11:00 AM
Senior Banquet - Cafe	June. 7 4:30 PM
Senior Class Night- Cafe	June. 7 7:00 PM

## Summer Credit Recovery

Take advantage of this two week summer credit recovery program to help you retrieve lost credits more quickly, learn in a small class setting, improve GPA by erasing failing grades, get one-on-one help, and graduate on time! Students who fail a course with an overall average of 50-64 are eligible. Courses offered are:

English 9 and 10, Pre-Algebra, Algebra, Geometry, Economics, Biology, General Earth Science, US History 1 and 2

Scholarships available. For more information please contact Dr. Christensen, WRHS Assistant Principal at 286-4531 or email [mchristensen@wrsdsau59.org](mailto:mchristensen@wrsdsau59.org)

## Students of the Month

Please join us in congratulating the following students for achieving the Student of the Month:

April 2010 - Vicki Eaton and Tyler Rollins  
March 2010 - Tom Beaulieu and Abby Roy  
February 2010 - Matt Roy and Katie Hooper  
January 2010 - Kaitlyn Hooper and Cody Reagan  
December 2009 - John Mack and Sara Andrus  
November 2009 - Sara Caveney and Parker Normand  
October 2009 - Seneca Lawrence and Matt Baudreau  
September 2009 - Sara Drew and Matt Rozean

We are proud of their hard work and dedication to making Winnisquam Regional High School a community of PRIDE.

## Free and Reduced Meals

*Who can get free meals or get reduced price meals?*  
Children in households getting Food Stamps or TANF and most foster children can get free meals regardless of your income. Also, your children can get free or reduced priced meals if your household income is within the reduced price limits on the Federal Income Guidelines. Finding out if you qualify is easy and confidential. Please call the school and ask for Linda Burke at 286-7739 or visit the school district website [www.wrsdsau59.org](http://www.wrsdsau59.org) click on Departments and select the Food Service link for further information.

## Parking Around WRHS

Parking is restricted and few spaces available. It is important that all students and staff display their parking tags and park in their assigned spaces. Students parking on school property without valid parking tags may be booted or towed. Reminder that drivers should adhere to posted speed limits of 15 mph. Stay safe!

## Science Student Teacher

Science has always been a favorite subject of mine. The ability to observe, question, and hypothesize about the natural world has inspired me to learn in and out of the classroom. Yet, if you would have told me I was going to be a chemistry teacher in high school I would have laughed in your face. Chemistry? Me? Never in a million years! How could anyone ever want to teach such a boring subject?

So off to Plymouth State University I went - undecided major and all. It wasn't until after my first fall semester that my idea about chemistry changed. I was asked to help tutor the incoming general chemistry students, so I accepted the job (and paycheck!) and began teaching non-science majors chemistry. By the end of the semester I had acquired such great reviews from the non-science majors that my professor invited me back as both a tutor and TA for chemistry.

And so my dream was born. My goal was to inspire the students who disliked the sciences, turn their ideas about chemistry upside down, and have them leave my classroom having an appreciation not only for chemistry but for the scientific process.

Jamie Reetz, *Science Student Teacher*  
WRHS Ag Center

## Upcoming Athletics

### Upcoming Home Games :

4/26	Jr.Varsity Baseball vs. Berlin	4 PM
4/26	Jr.Varsity Softball vs. Berlin	4 PM
4/28	V Baseball vs. White Mountain	4 PM
4/28	V Softball vs. White Mountain	4 PM
5/5	Varsity Baseball vs. Interlakes	4 PM
5/5	Varsity Softball vs. Interlakes	4 PM
5/7	Varsity Baseball vs. Franklin	4 PM
5/7	Varsity Softball vs. Franklin	4 PM
5/8	Track Meet in Berlin	10:00 AM
5/10	JV Baseball vs. Moultonborough	4 PM
5/12	Jr.V Baseball vs Laconia	4 PM
5/12	Jr.V Softball vs Laconia	4 PM
5/14	Varsity Baseball vs. Belmont	4 PM
5/14	Varsity Softball vs. Belmont	4 PM

## Library Media Center

The Library Media Center was very well used this quarter by students and teachers for class research, daily attendance and after school use. In January, (28) there was one research class with a teacher, the daily attendance was 93 students (from classes and study halls) and 15 students used the library after school.

February was a very busy month in the library. It was used by 12 different teachers for a total of 37 research classes using both computers and print materials for research and project building.

It was a shorter month due to winter vacation at the end of the month, and there were 1,535 students using the library, averaging 127 students per day. After school, 113 students used the library from 2:30 -4:00pm.

March use increased again. The library was used for research by 20 teachers for a total of 93 research periods. The daily attendance was a total of 3,688 students, averaging 175 students daily.

The after school attendance was 33 students. In only the first week of April the library has been used by 10 classroom teachers for a total of 31 research classes and 1,010 students have used the library, averaging 202 a day. A daily high was 263 students.

Students have selected books for recommended reading and research and thus far this month we have circulated 187 books.

Marcia Dionne, *Librarian*  
WRHS

## Athletic Department news

We are happy to announce that for the 2010-11 school year the School Board has approved the addition of a swimming and diving team and a Winnisquam/Laconia cooperative ice hockey team. These teams will be funded by parents/athletes and be played starting in the winter season next year. If you are interested in learning more about the new programs contact Jeff Cloos at [jcloos@wrsdsau59.org](mailto:jcloos@wrsdsau59.org) or 286-4531 x 186.

## State Scholars

Many thanks for your support of our Dough Rai\$er at Uno Chicago Grill! Our sales were \$1,263.81 which means we will be receiving \$252.76 for the State Scholars.

## Biomass Building Project

On Monday, March 29th Eckman Construction began delivering supplies and equipment for construction of the biomass building adjacent to the SAU office. The building site is fenced and includes the SAU parking area. A lane for deliveries and emergencies will remain open but there is no parking on the west side of the high school building.

Please keep this in mind if you are visiting the SAU office. There is additional parking in the visitors section to the left of the SAU/High School entrance. This summer there will be construction on the roadway between the middle and high school to install piping from the biomass plant to the schools. There will be temporary traffic rerouting at these times.

Thank you for your patience during the construction. The improvements we are making to our facilities with this project will bring benefits to WRSD for many years to come.

Cheryl Somma, *Business Administrator*  
Winnisquam Regional School District

## Riding the Bus

Please remember that the bus is shared between the middle school and the high school. Proper bus behavior is to be expected at all times. Failure to behave may result in loss of bus riding privileges. Keeping that in mind, all high school students are expected to be positive role models and be aware of their behavior in front of other students.

## The High School website

Please visit our website for the most up to date information about what is happening here at the school.

## Daily Notifications

You may sign up with Barbara Foster to receive daily email notifications. Email me at [BAFoster@wrsdsau59.org](mailto:BAFoster@wrsdsau59.org)

**Do not forget ....NECAP SCIENCE TESTS**  
**May 18 – 19**  
**Morning testing periods 1-4**

# Food Service Program SURVEY

Please take a moment and fill out this survey. Return your completed survey to the main office and your name will go in to a drawing for a \$ 25.00 Market Basket gift certificate.

(1 name will be drawn per school)  
**DUE DATE IS 5/14/10**

## Comments and Suggestions

Please take a moment and answer the survey about our Food Service Program

### 1. Please choose category that most describes your role in the Winnisquam Regional School

- Student in Grade      K-5  
                                    Grade      6-8  
                                    Grade      9-12
- Parent
- Employee

### 2. Please rate the following categories

1. Excellent, 2. Above Average, 3. Below Average, 4. Poor, 5. Not Applicable.

- a. Breakfast menu selection \_\_\_\_\_
- b. Lunch menu selection \_\_\_\_\_
- c. Price value \_\_\_\_\_
- d. Website menu \_\_\_\_\_
- e. Monthly menu printout \_\_\_\_\_
- f. E-mail menu \_\_\_\_\_
- g. Friendly & Helpful Assistance \_\_\_\_\_

### 3. How often does your child(ren) or you eat lunch or breakfast at school

\_\_\_\_\_Daily    \_\_\_\_\_Few Times per Week    \_\_\_\_\_Few Times per Month    \_\_\_\_\_Occasionally    \_\_\_\_\_Never

### 4. What are your Five favorite lunch Entrée

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_ 5. \_\_\_\_\_

### 5. Are there any new foods you would like to see on the menu?

### 6. What could change that would interest you to eat school lunches or breakfast more

### 7. Comments

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