



The Bear Facts

Volume 1, Issue 7

Winnisquam Regional High School

March 2010

“Look for up-to-date school and sports information on our website: www.wrsdsau59.org/WRHS”

Hello from the Administration

Dear Families,

With spring comes construction, including the water main in front of the high school on West Main Street. This has had an impact on our traffic patterns as previously communicated to you. We really appreciate how you have cooperated to ensure a smoother drop off and pick up in front of the high school by using the triangle area. Thank you!

Our latest challenge has been the loss of water due to the construction by *Aqueduct*, the company working on the water lines. We lost water unexpectedly Monday from approximately 11:30AM-4:30PM, and again today for approximately an hour and a half. We had a visitation from a health inspector and Albert LaPlante, Tilton’s Code Enforcement Officer during that time. We are proud to say that we were *commended* on our rapid response and the efficiency of our plan to attend to the safety and physical needs of all of our staff and students. The kitchen and bathrooms were all inspected, even during the height of lunch preparation and serving. We have bottled water available at all times. Custodians are on duty at two key bathrooms to attend to sanitary disposal of waste with drawn water for flushing. There are also multiple sites with hand sanitizer. I am proud that we were complimented on our reaction time and proactive planning to accommodate the needs of our school population while meeting regulations.

Unfortunately, we have been informed that this will happen from time to time while the construction work continues on the water main. However, we will continue to provide a safe, clean, and healthy learning environment for our students and staff. Your support and understanding is appreciated in these challenges that will inevitably ensure a high quality, reliable water supply for our school.

Sincerely,
Dr. Ronna Cadarette, Principal

WRHS DRAMA PRESENTS

The Diary of Anne Frank

April 15th – 17th at 7:00 pm

Tickets are \$7.00 for adults \$5.00 for students & seniors

-EVENING WITH THE ARTS-

Wed., March 31st

***Spaghetti Dinner & Cabaret-style Entertainment
presented by the WRHS Music Department***

***Dinner begins at 5:00 pm, show at 6:00 pm
Cost \$5.00 pp for dinner, \$20 max for family.***

UPCOMING EVENTS/ACTIVITIES

<i>Large Group Festival</i>	<i>Mar. 27th 10AM</i>
<i>Evening with the Arts</i>	<i>Mar. 31 5 PM</i>
<i>April Vacation</i>	<i>Apr. 26-30</i>
<i>PTSO Meeting</i>	<i>Apr. 7 6:00PM</i>

EASTER BASKET RAFFLE

***DECA Club is raffling an Easter Basket for
the Annual Senior Scholarship. Cost is \$1.00
or 6 for \$5.00***

Winnisquams' Got Talent

Thank you to everyone who came out and supported the Chem Free Program on March 13, 2010. We had a very entertaining evening starting with Laconia Police Department and ending with the Tilton Police Department. In between those two, we had great performances from students and staff. The Band *Staff Infection* included Josh Blanchard (History Teacher), Erik Anderson (Science Teacher), Neal Byles (English Teacher), Dr. Mark Dotter (School Psychologist) and Brendan Finnegan (from Pembroke). They performed *If You Could Only See* by Tonic. The band *Clockwork* included: Eric Boudreau, Ian Sleeper, Robert Laraway, Sam Couture, Tom Sattler and Tom Arena. The band *10 seconds too late* included Adam Audet, Ben Goss, Ian Sleeper and Anthony Stuker. There was a special jam session with Tylor Proulx and Zach Long.

We also had great solo performances from Mariah Crooker, JJ Call and Greta DeVolder. The two winning acts were from Mary Beck, accompanied by Robert Laraway and a Lip Sync' from Aly D'Abbraccio, Sam Magoon, Audriana Mekula and Michaela Bryant. The Laconia Police Department including: Tom Swett, Stephen Orton, Adam Marsh and don Kimtis who started the night with a performance *More Than a Feeling* by Boston. Tilton Police Department featuring: Bob Cormier, Dickie Paulhus, Merek Weisensee, Luke Pinault ended the night with *Kopzz* performing *Rock and Roll All Night*.

Special Thanks to Geoff Tomlinson, Adam Sattler, Alan Wolf and our judges Fred Caruso, Amy Bates from Mix 94.1 fm and Elizabeth Wirtz. We raised over \$1300, which is about \$500 more than last year! The Chem Free Program has raised over \$10,000 so far this year! Lake George here we come!

Sonia Shaw, Advisor
CHEM FREE

Free and Reduced Meals

Who can get free meals or get reduced price meals?
Children in households getting Food Stamps or TANF and most foster children can get free meals regardless of your income. Also, your children can get free or reduced priced meals if your household income is within the reduced price limits on the Federal Income Guidelines. Finding out if you qualify is easy and confidential. Please call the school and ask for Linda Burke at 286-7739 or visit the school district website www.wrsdsau59.org click on Departments and select the Food Service link for further information. Good Nutrition is essential to the learning process; therefore we encourage all students to eat well-balanced meals at home as well as at school.

Agricultural Education Center

Winnisquam eighth graders got a brief taste of agriculture by visiting the Ag Center last semester. Small groups of students each spent three class periods learning firsthand what the program offers. The exploratory plan was designed to expose next year's freshmen to the agriculture courses offered at the high school level.

Day one allowed the eighth graders to tour the Ag Center, meet the teachers, and get an overview of agricultural subjects. Many students were surprised to learn that floral design, landscaping, wildlife management and food science are all aspects of the agriculture industry. On the second day, students got an introduction to dairy products and were astounded to learn how simple it is to make butter from cream. This experience gave them a tiny glimpse into the arena of food production. The final day was spent manipulating floral materials into wearable art. The resulting corsages and boutonnieres allowed students to experience the steps involved in creating this value-added product while expressing their artistic ability.

Feedback from the middle school students indicates that they enjoyed and looked forward to the visits to the Ag Center. The hope is that by exposing incoming students to the Program, they will not only be more likely to enroll in an Ag class but will also feel more at ease when they arrive next August.

Janet Rosequist, Curriculum Leader
WRHS Ag Center

Upcoming Athletics

Upcoming Home Games

3/22	Spring Sports Begin	
4/5	Boys VBall vs. Kingswood Scrim.	4:00
4/6	Track & Field	4:00
4/12	Boys JvBball v. Belmont	4:00
4/12	Girls JvSball v. Belmont	4:00
4/14	Boys VBall v. Somersworth	4:00
4/14	Girls VSball v. Somersworth	4:00
4/17	Track & Field	10:00
4/19	Boys VBall v. Moultonborough	4:00
4/19	Girls VSball v. Moultonborough	4:00
4/21	TEAM PICTURES	2:45
4/21	Boys VBall v. Gilford	4:30
4/21	Girls VBall v. Gilford	4:30
4/23	Boys JvBball v. Mascoma	4:00
4/23	Girls JvSball v. Mascoma	4:00
4/26	Boys JvBball v. Berlin	4:00
4/26	Girls JvBball vs. Berlin	4:00
4/28	Boys VBall vs. White Mtn.	4:00
4/28	Girls VBall vs. White Mtn.	4:00

Science Department

As many of you know, on June 3rd, the Science Department will be holding its 2nd Annual Science Fair from 4 to 7 pm. Many of our science classes have opted to join in and present projects. The students have begun to pick their topics and build their lists of resources. Every week to two weeks the students have benchmarks and revision dates so that all their work gets completed on time and allows student to make progress but also follow the scientific method. After all, experiments don't always work out they way they are planned and they need to time to revise and revisit them. We won't ruin the surprise and tell you the topic. We'll let them share that at the fair.

The science fair fits into the topics described in the last newsletter about Inquiry Based Learning. One of the key competencies in all of our science classes is "Students will develop abilities necessary to do and understand scientific inquiry." What that means is students will be able look at a problem and try to find the answer and reach beyond the words on the page. It puts the emphasis of learning on the students. They come up with the questions; design the scope and sequence of the project, and find a way to connect the material to their everyday life. We also conduct labs in each unit where they have to "connect the dots", to be actively engaged in their own learning.

Joshua Keaton, *Curriculum Leader*
WRHS Science

Riding the Bus

Please remember that the bus is shared between the middle school and the high school. Proper bus behavior is to be expected at all times. Failure to behave may result in loss of bus riding privileges. All high school students are expected to be positive role models and be aware of their behavior in front of other students.

WRHS Volunteers Wanted

The last day to complete the paperwork to volunteer is March 31st. All volunteers must be fingerprinted. If you have already done this and been approved, you do not need to do it again.

Athletic Department

The following students were recognized at the NHIAA/NHADA Scholar-Athlete Awards Ceremony at the Capital Center for the Arts in Concord. Please congratulate them on this great accomplishments. Recipients must have a B+ average, participate in at least two varsity sports, and be good citizens and role models.

Kelsey Atherton Sara Caveney
Audrey Clairmont Holly Hancock

Derick Jenness Alyssa Krause
Courtney Manseau Alisha McKinnon
Jessica Pearce Joelle Quimby
Haley Ryan Sara Smith
Drew Stock Kara Swenson
Molly Wilcox

Jeff Cloos, *Athletic Director*
WRHS

Math Department

The mathematics team here at Winnisquam High School will be able to say on Thursday March 25, 2010, that they are going to be doing more math by 9am, than we are going to do all day. The following students will be representing the Winnisquam Regional High School at the State Mathematics Meet at Plymouth State University. They will compete against other schools within the state. Last year 57 teams registered for this meet. They will participate both as a team and as individuals in the categories of: Recreation Math, Algebra 1, Geometry, Algebra 2 and Advanced Math. The entire mathematics department would like to take this opportunity to say, "Make us proud!". You are a wonderful group of students who work hard.

Jennifer Haskins, *Curriculum Leader*
WRHS Math

Mathematics Team Leaders

Mrs. Donna Dubey
Mr. Peter Fogg

Students

Katie Hooper	<i>Senior</i>
Eric Boudreau	<i>Senior</i>
Gunner Nichols	<i>Senior</i>
Olivia Santosuosso	<i>Junior</i>
Gabrielle Cremen	<i>Junior</i>
Daley Buckwell	<i>Sophomore</i>
Felecia Demers	<i>Sophomore</i>
Trevor Lewis	<i>Sophomore</i>
Colton Piper	<i>Sophomore</i>
Hannah Willcutt	<i>Sophomore</i>
Gerry Craig	<i>Freshman</i>

English Department

"Imagination is Greater than Knowledge"
– Albert Einstein

The WRHS English Department has added several new courses to the 2010-2011 curriculum, including Creative Writing. In this course students will read acclaimed works of short fiction and poetry, as well as write imitative pieces in the various styles they read, but

they will focus on writing original works of fiction, poetry, drama and creative non-fiction, ultimately producing individual portfolios and contributing works to a culminating literary publication.

Several years in the making and long overdue, Creative Writing will fill a void in our English course of studies. As a Level 1 (Honors) course, the workload will be considerable, but teachers will assess students largely on their own abilities and individual improvement, creating an opportunity, not only for traditional honors students, but for budding novelists, poets, and playwrights who may struggle with the mechanics of writing, but are nonetheless driven to express themselves. Poetic license is a great equalizer.

But the value of creative writing goes above and beyond mere storytelling. The bulk of the NECAP Reading test involves analysis of short stories and poetry. While analysis certainly requires good reading skills, the best way for students of all ages to learn to analyze poetry and prose is by learning to write it themselves. Consider, carpenters don't learn how to build beautiful furniture merely – or even mostly – by looking at carpentry magazines or furniture designs, they learn by building furniture.

In literature, as with everything else, we learn by doing.

New Hampshire is and has been the home to some of the most financially successful and critically acclaimed writers in American literature, from Dan Brown, to Robert Frost, to J.D. Salinger. Who knows? One day Winnisquam graduates could become the next Jodi Picoult and P.J. O'Rourke. When that happens, let's hope they remember the Little Guys.

Neal Byles, *WRHS English Department*

Fundamentals of Acting Offered This Spring

Fundamentals of Acting is being offered 7th period this spring semester! Students who participate will develop confidence, spontaneity, sensitivity, and imagination through the study of the dramatic arts.

Dramatic Arts education is an important means of stimulating creativity in problem solving. It can challenge student ideas about their world and about themselves. Dramatic exploration can provide students with an outlet for emotions, thoughts, and dreams that they might not otherwise have means to express. A student can, if only for a few moments, become another, explore a new role, try out and experiment with various personal choices and solutions to very real problems. This can happen in a safe atmosphere, where actions and consequences can be examined, discussed, and experienced without the

dangers and pitfalls of the "real" world. Students who have participated in dramatic activities are less likely to have difficulty speaking in public and will be more persuasive in their communications, both written and oral. I encourage all students to sign up as we will be having acting classes again next year! We will have a blast creating character, working on self-confidence, and exploring the Dramatic Arts!

*"Tell me and I will forget.
Show me and I will remember.
Involve me and I will understand."
-Chinese Proverb*

Sarah Edmunds, *WRHS English Department*

State Scholars

Students have been busy fund raising and taking advantage of learning about a variety of careers. NH Scholars is a program to help prepare students for life after high school by bringing in local businesses to share their knowledge. Starting today, March 10th students are selling tickets for the Manchester Monarchs NH Scholars night on March 27th at 7pm. Tickets can be purchased during lunch at school or in the main office. This will be a fun night with lots of school spirit and we hope you will join us.

During career mentoring students have been learning about the fields of journalism, banking/financial services and veterinary medicine over the past few weeks. Local professionals come in and talk about what they do, what training and education is necessary, what a typical day is like and what advice they have for students considering a specific career interest.

If you would like more information please contact Sandy Demarest, at sdemarest@wrsdsau59.org.

Sandy Demarest, *State Scholars*

NH State Scholars Fundraiser

Students will be selling Yankee Candles to raise money for the State Scholars Program from April 1st-16th