

February 2019

Winnisquam High School



Meal Prices
 Student Lunch: \$ 2.85
 Student Reduced Lunch: \$.40
 Adult or Guest: \$ 3.60



All of our School meals are all prepared fresh daily and include fresh fruits and vegetables sourced from local farms. We also offer a variety of 100% fruit juice & high quality Hood 1% & fat free flavored milk. Menus subject to change.
 USDA is an equal opportunity provider & employer.



Monday

Tuesday

Wednesday

Thursday

Friday



Choose One Salad Bar - Deli Bar **1**
 Or
 Gillis Pizza
 Caesar Salad
 Assorted Fresh Fruit

Choose One Salad Bar - Deli Bar **4**
 Or
 BBQ Pulled Pork On A Bun
 Coleslaw
 Veggie Sticks
 Assorted Fruit

Choose One Salad Bar - Deli Bar **5**
 Or
 Winni Burger WG Bun
 Potato Wedges
 Lettuce & Tomato
 Veggie Sticks

Choose One Salad Bar - Deli Bar **6**
 Or
 Penne Pasta with Meat Sauce
 Tossed Salad
 Whole Wheat Roll
 Mixed Fruit

Choose One Salad Bar - Deli Bar **7**
 Or
 Cheese Burger Sub
 Lettuce & Tomato
 Cajun Fries
 Fruit Cup

Choose One Salad Bar - Deli Bar **8**
 Or
 Gillis Pizza
 Mixed Green Salad
 Assorted Fresh Fruit

Choose One Salad Bar - Deli Bar **11**
 Or
 Ham and Cheese Croissant
 Potato Tots
 Veggie Sticks w/ Dip
 Assorted Fresh Fruit

Choose One Salad Bar - Deli Bar **12**
 Or
 General TSO Chicken
 Steamed Broccoli
 Brown Rice Pilaf
 Mandarin Orange

Choose One Salad Bar - Deli Bar **13**
 Or
 Shepherd's Pie
 Whole Grain Dinner Roll
 Assorted Fresh Fruit

Choose One Salad Bar - Deli Bar **14**
 Or
 Hot Dog w/ Whole Grain Bun
 Oven Fries
 Veggie Sticks
 Assorted Fresh Fruit

Choose One Salad Bar - Deli Bar **15**
 Or
 Gillis Pizza
 Caesar Salad
 Assorted Fresh Fruit

Choose One Salad Bar - Deli Bar **18**
 Or
 Whole Grain Nachos
 Ground Beef / Cheese Sauce
 Lettuce, Tomato & Salsa
 Fruit Cup

Choose One Salad Bar - Deli Bar **19**
 Or
 Rib B Que Sandwich
 Lettuce & Tomato
 Cajun Potato Wedges
 Assorted Fresh Fruit

Choose One Salad Bar - Deli Bar **20**
 Or
 Soft Taco
 Lettuce-Tomato-Salsa-Cheddar
 Black Bean Salad
 Brown Rice Pilaf
 Assorted Fresh Fruit

Choose One Salad Bar - Deli Bar **21**
 Or
 Gillis Pizza
 Mixed Green Salad
 Assorted Fresh Fruit

Choose One Deli Bar **22**
 Salad Bar - Deli Bar
 Or
 Chef's Special
 Side Dishes
 Assorted Fruit

VACATION **25**

VACATION **26**

VACATION **27**

VACATION **28**

