

# February 2019

## Winnisquam Elementary Schools

### LUNCH



Meal Prices  
 Student Lunch: \$ 2.55  
 Student Reduced Lunch: \$ .40  
 Adult or Guest: \$ 3.60



All of our School meals are all prepared fresh daily and include fresh fruits and vegetables sourced from local farms. We also offer a variety of 100% fruit juice & high quality Hood 1% & fat free flavored milk. Menus subject to change.  
 USDA is an equal opportunity provider & employer.



### Monday



### Tuesday

### Wednesday

### Thursday

### Friday

Chicken Leg  
 Mashed Potato  
 Steamed Broccoli  
 Fruit Cup  
 Or  
 Yogurt Alternate Lunch  
 Alternate Sunbutter Sandwich **4**

Cheeseburger Sub  
 Lettuce & Tomato  
 French Fries  
 Veggie Sticks  
 Fruit Cup  
 Or  
 Yogurt Alternate Lunch  
 Alternate Sunbutter Sandwich **5**

Fish Nuggets  
 Coleslaw  
 Dinner Roll  
 Assorted Fresh Fruit  
 Or  
 Yogurt Alternate Lunch  
 Alternate Sunbutter Sandwich **6**

Gillis Pizza  
 Mixed Green Salad  
 Veggie Sticks  
 Assorted Fruit  
 Or  
 Yogurt Alternate Lunch  
 Alternate Sunbutter Sandwich **7**

BBQ Chicken Sandwich  
 Lettuce & Tomato  
 Potato Wedges  
 Veggie Sticks  
 Assorted Fresh Fruit  
 Or  
 Alternate Sunbutter Sand  
 Yogurt Alternate Lunch **1**

Hot Dog In a Bun  
 Vegetarian Baked Beans  
 Assorted Veggie Cups  
 Fresh Fruit  
 Or  
 Yogurt Alternate Lunch  
 Alternate Sunbutter Sandwich **8**

Soft Taco  
 Lettuce ,Tomato & Salsa  
 Brown Rice Pilaf  
 Assorted Fresh Fruit  
 Or  
 Yogurt Alternate Lunch  
 Alternate Sunbutter Sandwich **11**

Popcorn Chicken Bowl  
 Mashed Potato-Gravy  
 Corn  
 Assorted Fresh Fruit  
 Or  
 Yogurt Alternate Lunch  
 Alternate Sunbutter Sandwich **12**

Nachos with Ground Beef  
 Lettuce, Tomato & Salsa  
 Cheddar Cheese  
 Veggie Sticks  
 Fresh Apples  
 Or  
 Alternate Sunbutter Sandwich  
 Yogurt Alternate Lunch **13**

Gillis Pizza  
 Mixed Green Salad  
 Veggie Sticks  
 Assorted Fruit  
 Or  
 Yogurt Alternate Lunch  
 Alternate Sunbutter Sandwich **14**

PANCAKES  
 Sausage Link, Hash Brown  
 Veggie Sticks  
 Fresh Fruit  
 Or  
 Alternate Sunbutter Sandwich  
 Yogurt Alternate Lunch **15**

Grilled Cheese Sandwich  
 Tomato Soup  
 WG Goldfish Crackers  
 Assorted Fresh Fruit  
 Or  
 Yogurt Alternate Lunch  
 Alternate Sunbutter Sandwich **18**

American Chop Suey  
 Steamed Broccoli  
 Dinner Roll  
 Assorted Fresh Fruit  
 Or  
 Alternate Sunbutter Sandwich  
 Yogurt Alternate Lunch **19**

WG French Toast Sticks  
 Sausage Link  
 Hash Brown  
 Assorted Fresh Fruit  
 Or  
 Alternate Sunbutter Sandwich  
 Yogurt Alternate Lunch **20**

Gillis Pizza  
 Mixed Green Salad  
 Veggie Sticks  
 Assorted Fruit  
 Or  
 Yogurt Alternate Lunch  
 Alternate Sunbutter Sandwich **21**

BBQ Pulled Pork  
 Potato Wedges  
 Coleslaw  
 Or  
 Alternate Sunbutter Sandwich  
 Yogurt Alternate Lunch  
 Assorted Fresh Fruit **22**

VACATION **25**

VACATION **26**

VACATION **27**

VACATION **28**

