

# February 2019

## Winnisquam Middle School

### BREAKFAST



Meal Prices  
 Student Breakfast: \$ 1.50  
 Student Reduced Breakfast: \$ .40  
 Milk or Juice \$.50



All of our School meals are all prepared fresh daily and include fresh fruits and vegetables sourced from local farms. We also offer a variety of 100% fruit juice & high quality Hood 1% & fat free flavored milk. USDA is an equal opportunity provider & employer.



### Monday



### Tuesday

### Wednesday

### Thursday

### Friday

#### Breakfast Choices White WG Bagel

4

Assorted Cereal  
 Assorted Breakfast Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

#### Breakfast Choices WG Cinnamon Roll

5

Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

#### Breakfast Choices Breakfast Sandwich

6

Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

#### Breakfast Choices Maple Burst Pancakes

7

Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

#### Breakfast Choices Breakfast Pizza

8

Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

#### Breakfast Choices White WG Bagel

11

Assorted Cereal  
 Assorted Breakfast Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

#### Breakfast Choices WG Cinnamon Roll

12

Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

#### Breakfast Choices Breakfast Sandwich

13

Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

#### Breakfast Choices Maple Burst Pancakes

14

Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

#### Breakfast Choices Breakfast Pizza

15

Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

#### Breakfast Choices White WG Bagel

18

Assorted Cereal  
 Assorted Breakfast Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

#### Breakfast Choices WG Cinnamon Roll

19

Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

#### Breakfast Choices Breakfast Sandwich

20

Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

#### Breakfast Choices Maple Burst Pancakes

21

Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

#### Breakfast Choices Breakfast Pizza

22

Assorted Cereal  
 Assorted Cereal Bar  
 Assorted WG Muffins  
 Yogurt & Granola  
 Fresh Fruit

25

Vacation Day

26

Vacation Day

27

Vacation Day

Vacation Day

